



GAMBIER CENTRALS SOCCER CLUB

Senior Coaching Philosophy

- We promote the safety and welfare of players above all else.
- We respect the talent, developmental stage and goals of each player and encourage them with positive and constructive feedback to support them to learn appropriate behaviours and skills.
- We act within the rules and spirit of the game; by promoting fair play and acting with respect and courtesy.
- We aim to be competitive and excel in our performance to achieve success on the field.

Club Objectives

Our goal is to make sure that we continue to build on our **fantastic club culture** and **achieve success** on the field. This will arise through conscious behaviours which in turn will form positive and pleasant experiences for players, parents, coaches, general members, officials and spectators.

Our promise is to make the sessions at this club **safe, organised, enjoyable and engaging**.

Our coaches aim to dedicate a high percentage of time during training sessions to **meaningful practice** (ie each player will have a minimum of 50-100 ball contacts in game based activities per session) and ensuring players are **engaged in active football practices** (80% of a session should be spent playing football games/activities).

To help us meet our Club Objectives and promote our Coaching Philosophies, we need everyone to support us by adhering to our Codes of Conduct.

Senior Player's Code of Conduct

- Play according to the rules and never argue disrespectfully with the referee.
- **Support your coaches**, they give up their own time to coach you, they should not be ridiculed, pressured and questioned over every decision they make. Respect their decisions and **if** you have an issue approach the coach in a measured and considerate manner at all times.
- Always attend training, perform to the best of your ability, and encourage others to do the same.
- Don't lose your temper or get upset. Rudeness, bad temper and sulking spoils everyone's fun
- Respect the opposition and be a good sportsperson; win, lose or draw.
- Look and act like a footballer. That means turning up for training and games on time, looking smart in the right gear.
- Respect our club, facilities, the shirt you wear and the history it represents.
- **Support your club and be a role model for others**; do what you can to contribute, volunteer your time to help where you can, participate in club events and meet your responsibilities by fulfilling club duties.